

RUTGERS

New Jersey Medical School

All are welcome to attend the next
GME Faculty Development Session!

“PROFESSIONAL DEVELOPMENT FOR THE 21ST CENTURY: MINDSET, GRIT AND SELF-COMPASSION”



FRANZ SMITH, MD
PROGRAM DIRECTOR
GENERAL SURGERY RESIDENCY
ST. BARNABAS MEDICAL CENTER
CLINICAL ASST. PROFESSOR OF SURGERY
RUTGERS NEW JERSEY MEDICAL SCHOOL

Thursday, June 14, 2018

4:00 - 5:00PM

MSB Dean's Conference Room, C-677

Light refreshments will be provided!

Objectives

At the conclusion of this activity, participants should be better able to:

- Describe the concepts of growth mindset, fixed mindset, grit and self-compassion;
- Report their current mindset and level of grit and use that information in their own professional development;
- Discuss skills required to develop and maintain a growth mindset and potential challenges when we fall into a fixed mindset; and
- Provide feedback to encourage a growth mindset.

This activity is designed for all faculty, residents, and fellows from all specialties, medical students, and residency/fellowship program coordinators.

Accreditation



In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians: Rutgers Biomedical and Health Sciences designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **Disclosure Declarations:** Dr. Franz Smith has no relevant financial relationships to disclose. **Planning Committee:** Dr. Valerie Fitzhugh (Content Reviewer) and Dr. Neil Kothari have no relevant financial relationships to disclose. Speakers are required to disclose discussion of off-label/investigational uses of commercial products/devices in their presentation. These disclosures will be made to the audience at the time of the activity.